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FULL BLADDER INSTRUCTIONS

APPOINTMENT DATE: _____ TIME: _____

If your examination is to be successful, it is very important that you follow the directions below.

- 90 minutes before appointment time, empty bladder
- Drink 32 oz. of water (2 regular sized water bottles)
- Be finished drinking water 1 hour before your appointment time
(it takes about 45 minutes – 1hour for the water to reach bladder & be full)

Please contact us if you have any questions or concerns.

Thank you,

Helena Imaging Center
(406) 442-7227